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PARTICIPANT INFORMATION SHEET (8-10 years)

UK Islet Autoantibody Registry (UKIAb Registry)

Would you like to help us?

Hello! We are doing a study and would love your help! This leaflet tells you about the study. You can also ask a grown-up to help you read this and explain anything that you're not sure about.



What is a study?



A study is when we try to learn something new!

What is this study about?

We are learning more about **type 1 diabetes**. This happens when a part of the body called the pancreas stops making **insulin**. Insulin helps control the sugar level in our blood. If there is not enough insulin, the blood sugar levels are very high and this is not good for the body. To stay healthy, people need to be given insulin.

Some people have **signs in their blood** before they get type 1 diabetes (we call these "signals"). If someone has these signals, they might get type 1 diabetes one day. We want to learn more about these signals to help kids in the future!



Why am I being asked?



You have one (or more) of the type 1 diabetes signals in your blood. We'd love for you to be part of our study!

We're asking kids and grown-ups, from tiny babies to grandparents, to join.

Do I have to take part?

No, it's your choice. If you say yes, you can change your mind any time. If you say no, that's okay too!

What will happen if I join?

1. You and your Parent or carer will sign a form to say you want to join.
2. You might need do a **quick finger-prick test** at home (we'll send you a kit).
3. We'll ask you some questions about you and your family's health.
4. If you choose to help us by answering our questions, it will help us to learn more about type 1 diabetes.



Will it hurt?

The finger prick might feel like a tiny pinch, and might be a bit sore, but it's very quick! A grown-up can help you if you're nervous.

Will joining this study help me?

Maybe! You might get to try new treatments. These could help stop or slow down type 1 diabetes in the future.

Is my information safe?



Yes! We keep everything private and safe. The study team takes care of it.

What happens if I change my mind?

No problem! You can leave the study anytime. You don't have to tell us why.

Has anyone else checked this study is ok to do?

Yes! A group of experts made sure this study is okay to do.

Questions?

If you or your grown-up have any questions, just ask us! You can email us at ukiab@ndm.ox.ac.uk or call **07765 932065**.

Thank you for reading about our study!

